



OHSAA Regional Championships
Amherst Steele High School
450 Washington St. Amherst, Ohio
Wednesday, May 24th and Friday, May 26th

1. For both days, field events will begin at 4:00pm, running events at 5:30pm.
 2. Competitors will come from District Championships at Amherst, Brunswick, St. Francis De Sales and Findlay
 3. The Regional Championship Schedule can be found here:
<https://ohsaaweb.blob.core.windows.net/files/Sports/Track-Field/RegTrackSchedule.pdf>
- Spike length: 1/4 inch.
 - Marking of the track: tennis balls, tongue depressors, or chalk. No adhesives.
 - No dressing facilities will be available.
 - All events will be scored 10, 8, 6, 5, 4, 3, 2, 1. For open running event prelims, see the program for qualifying standards.
 - Relay cards: Relay cards can be found in the coaches packets.
 - Verification forms can be found here:
<https://ohsaaweb.blob.core.windows.net/files/Sports/Track-Field/VerificationForm.pdf>
 - Coaches must provide a copy of the [OHSAA Pole Vault Verification Form](#) to the official on site.
 - Athletes in Field Events should check in directly at their event site. To be excused from a field event the competitor must receive permission from the event official prior to departure. Additional procedures will be provided by the event official. Athletes should not leave for a Running Event until the 2nd call. Athletes need to notify officials when they are leaving for another event. Athletes need to return to the Field Event within 10 minutes (approximately) of competing in their other event.
 - Uniforms and numbers: See OHSAA rules here:
<https://www.ohsaa.org/SchoolResources/uniform/CC-TF>

- Packets: Coaches should pick up their packets adjacent to the pass gate. Wristband colors are as follows: Boys High Jump: Blue, Girls High Jump: Red, Boys Pole Vault: Green, Girls Pole Vault: Yellow, Long Jump is Purple.
- Admission Per Day: \$10.00/Adult ticket. \$8.00/Student Ticket (K-12th Grade). Tickets will be available online only at the following website: [Ticket Link - Click Track and Field and NorthEast Region](#)
- **Use of Infield Areas during a Track Meet **Updated 2023**** To ensure ongoing safety & fairness, the use of infield areas for warmups, coaching or congregating is strictly prohibited! Coaching boxes for coaches will be provided at any field events located in the infield area.
- Implements: All shot and discus implements must be weighed in at the wrestling room between 2:45pm and 3:45pm.
- Throws will be contested in a 1-1-1 format in both prelims and finals.
- Field events will be seeded from worst to best.
- Preliminaries will be held in the discus, shot put, and long jump with the top nine performers proceeding to the Finals.
- Parking map can be found here: [Parking Map](#)
- No tents OR IMPLEMENTS will be allowed in the stands.
- Except for extreme inclement weather conditions, no one is allowed in any school building.
- Only competing athletes, coaches, officials, and student volunteers will be allowed on the infield. Athletes who have concluded their event must leave the infield. **NO WARM UPS ON THE INFIELD.**
- Concessions will be available near the main entrance of the facility. Cash and credit cards are accepted.
- Teams are expected to police their area and use the available trash cans.
- Restrooms are located at the main concession stand and adjacent to the pass gate. No locker room facilities will be available.
- The clerking tent/bullpen will be located behind the 100M starting line area in the Southeast corner of the facility. Runner numbers must be placed on the RIGHT CHEST and be clearly visible. In relays, only the ANCHOR RUNNER needs to have a number on the right chest
- Starting blocks will be provided. These premium blocks do not require block holders. Athletes may use their own blocks but are reminded to remove them from the area after competition and take them with them at the completion of the meet.
- No electronic devices on the infield.
- No Frisbees, footballs, etc. will be permitted within the field enclosure.
- A trainer will be available.

- Commemorative shirts will be available for sale at the event, they can also be purchased online here: <https://ohsaa.eagraphics.com/ohsaa/shop/home>
- In the event of extreme inclement weather, teams and coaches may be asked to move to the high school gym lobby. Do not leave the area as events may resume at any time.
- Results will be posted on Milesplit.com, will be available LIVE at www.LightningTiming.com and on the scoreboard for races. Race videos/podium pictures will be posted on Twitter: @RunAmherst.
- Both days of competition will be Live Streamed and archived at <https://www.youtube.com/cometslive>
- **Discus Parking:**
Please note, the Discus competition is close to our Nord Middle School. However, the Nord Parking lot does not clear out until 4p. Please park in the Stadium parking lot. Spectators can walk behind the back of the High School, past the tennis courts to reach the Discus competition.

We look forward to two days of great competition. Please contact Casey Wolf at casey_wolf@amherstk12.org with any questions or concerns. To all of our coaches and athletes, best of luck this season. See you on May 24th and 26th!

Complimentary admittance to Regional Track and Field Tournaments is restricted to the following people.

- Officials - 1 per person plus 1 guest
- Workers employed by you - 1 per person
- Competitors and Coaches according to the following schedule:

Number of Competitors Passes

- 1-4 One more than number of competitors
- 5-8 Two more than number of competitors
- 9 or more Three more than number of competitors

Updated 2023

*Relay Alternates: To stay in line with what was permitted at the 2022 Regional & State Track Meet, as well as the updated language in the 2023 NFHS Rule Book, The following allowance will be made for Relay Alternates for the OHSAA Track & Field tournament:

- Up to 8 athletes would be allowed to be listed on the 'new' relay cards
- Each qualifying relay team would receive FREE admission for 6 of the runners listed on the Relay Card
- If a school lists 8 runners of the Relay Card, the school would need to provide a "paid ticket" for the remaining 2 runners upon their teams entry into the Regional & State Meet site.
 - The logistics of how the Regional & State Meet sites will manage these ticketed alternate athletes entry into the site would be a meet management decision.